# Stronger Together; Looking out for one another during Covid-19

During this challenging time is more important than ever that we work together to support each other and local businesses.

To support social distancing, and for those of you who are self-isolating either due to the illness, health problems, or aged over 70, we have compiled a list of local businesses who are offering home delivery on essentials and meals. This list is growing all of the time; if your favourite local shop or restaurants are not on this list please contact them to see if they can help you.

## Food supplies;

Radford's Butchers 01947 810229

Landers Butchers 01947 602021

Billy Wilsons Greengrocers also delivering seafood from

Dennis Crooks 01947 603043

Whitby Deli 01947 229 062

Masons greengrocers 01947 820240

Sandgate Seafood's 01947 601844

Cod Roe Fishmongers 01947 501047

Magpie's Whitby Catch 01947 601313

Sandsend Stores 01947 893214

Milk men; Paul Mendhelsohn 01947 606275 and Adrian

Moore 01947 602293 for certain areas

### Meals;

Sanders Yard Bistro, Moutrey's Restaurant, Hetty and Betty café delivering afternoon tea, Lush Coffee, Cosa Nostra, Whitby Deli, Coast café Bar at Hawsker, The Bridge Inn at Ruswarp, Penny Clare at Newholm, Perry's Garden Centre at Briggswath, The Windmill (Stainsacre residents only for now), The Witching Post Egton, The Arches Cookery School

Fish&Chips; Mister Chips by the Beach, Royal Fisheries, Robertsons, Railway chippie, The Fisherman's Wife

Sainsbury's are opening for the over 70s, or those with disabilities only for the 1<sup>st</sup> hour every Thursday morning. They are also taking telephone orders on 08009178557 and deliver for £2.95

The Co-op are taking telephone orders.

Botham's are happy for you to phone ahead with orders to reduce your time in the shop

Millbury Hill are offering telephone orders and can put your order into you car boot to help social distancing

### What else;

There is a Facebook group set up called **Stronger Together WHITBY DISTRICT during Covid-19**, please access it if you need help or can offer help. Many
people are offering help already on there.

Check for regular updates from local businesses offering support via Yorkshire Coast Radio website.

#### **Emergency Numbers**;

In case of emergency 999

Non emergency Police 101

NHS Direct website and 111

NSPCC Helpline 0808 800 5000 Childline 0800 1111

Early Help Team 01609 534852

Healthy Child Teams 01609 780780

NYCC Child Protection 01609 780780

The Samaritans 116 123

Out of hours Mental Health Helpline 0333 0000 309

**Disclaimer:** this is a leaflet made by local volunteers. This list is by no means exhaustive; we will do our best to update it regularly. If you would like your business added, or removed from the list, then please let us know via our FB group **Stronger Together WHITBY DISTRICT during COVID-19.** 

If you are really struggling, don't forget we have the foodbank and Malachi Storehouse run by Hope Whitby. If you are lucky enough not to need the foodbank or Hope Whitby, please consider supporting them.